



Celebrate the Art of Recovery

2025 Recovery Resource & Provider Directory 2025

Presented by:



NATIONAL RECOVERY MONTH

Each September, prevention, treatment, and recovery programs and services gather together providing resources to families, friends, and community members in an effort to educate and inform about recovery, how it works, for whom, and why.

Many lives have been transformed through recovery, yet many continue to struggle, knowing where to turn for help is crucial.

**We all have a hand in recovery.
For ourselves, our families,
and our community.**

**CARE is dedicated to providing the message that
prevention works, treatment is effective,
and people of any age recover.**

**With the right treatment, support, and resources,
recovery is possible for everyone.**





Integrated Behavioral Healthcare

Our Mission

To Maintain the Dignity of Human Life

Founded in 1982, Community Bridges, Inc. provides a full continuum of the highest quality substance use and mental health services in Arizona, Oklahoma, Idaho, New Mexico, and Washington, DC.

Community Bridges, Inc. (CBI) uses a holistic—or integrated—approach to addiction treatment and behavioral health concerns. We take each person's unique traits and issues into account to design a treatment plan. Using a combination of education, therapy, housing, medications, peer support, inspiration, hope and other supportive services, our solutions are never one-size-fits-all. People are unique, and their treatment plan should be too.

CBI's passionate and dedicated team of medical and behavioral health professionals share a common philosophy to attend to the needs of our communities. With a mission of maintaining the dignity of human life, we can't help but be agents of positive change in our communities.

communitybridgesinc.org

(888) 224-2087



Recovery is possible

Mercy Care is pleased to partner with Community Bridges Inc. during National Recovery Month. Working together, we can provide support and resources to help you on your recovery journey.

Because we **care.**

www.MercyCareAZ.org



Adult Children of Alcoholics

Adult Children of Alcoholics is for people who want to heal their relationship with themselves when they have grown up with families of origin affected by dysfunction and/or substance abuse.

<https://adultchildren.org/>



Agave Ridge Behavioral Hospital

Agave Ridge Behavioral Hospital serves adolescents ages 11-17, adults age 18+, and senior adults age 55+ who are struggling with mental health concerns and substance use disorders. We provide holistic, age-appropriate care that addresses our patients' mental, physical, emotional, and social needs so that they can wholly heal. Our superior mental health and addiction treatment services help patients overcome challenges and pursue healthier lives.

Our comprehensive services include a detox program and an inpatient program. In each setting, we deliver individualized treatment to help our patients make positive behavior changes that can improve their overall quality of life.

www.agaveridgebehavioral.com

480-780-0211

"This is a reminder that you are important. Helping a neighbor, sharing an activity, simply showing up for someone not only helps them, it also helps YOUR #Recovery."

**#RecoveryHappens
#RecoveryMonth2025**



Arizona Women's Recovery Center

Arizona Women's Recovery Center is a non-profit organization dedicated to providing substance abuse treatment to women through a variety of programs to address individual needs. All of AWRC's programs focus on providing the tools and resources to assist women in living financially independent, drug and alcohol-free lives. Arizona Women's Recovery Center offers a Women's Outpatient Program and recognizes that recovery for women requires forging a path to independence and empowerment. In addition to dealing with addiction issues, AZWRC's program focuses on the development of life skills, resolution of life issues, creating goals, re-enforcing values and building self-image.

www.azwomensrecoverycenter.org

602-264-6214

ARIZONA WOMEN'S RECOVERY CENTER

Outpatient Substance Use Treatment for Women

Supportive Housing | Education & Career Services | Family Support



AWRC has programs available for **women seeking recovery**, including women who are **parenting or co-parenting, pregnant or postpartum, single, homeless, and/or justice-involved.**



Recovery Brings Joy!

602-264-6214

azwomensrecoverycenter.org



Arizona Anti Trafficking Network

AATN is a collaboration of programs fighting the multi-dimensions of Human Trafficking.

Our programs cover a wide spectrum that address community education, public awareness, prevention, demand reduction, male engagement on the issue and the tourism and hospitality sector. It is through these activities that we hope to eliminate Human Trafficking in Arizona by raising awareness, reducing demand and fostering prevention efforts with youth.

<https://aatn.org> 1-844-400-2286

Arizona Human Trafficking Hotline
1-877-4AZ-TIPS

National Human Trafficking Hotline
1-888-373-7888



Aurora Behavioral Health

Aurora Behavioral Health System is dedicated to serving the behavioral health and addiction treatment needs of Arizonans. As the state's largest free-standing psychiatric hospital system, we are committed to the wellness of individuals, their families, and the community through prevention, intervention, and treatment. We offer a full spectrum of behavioral healthcare services where patients actively participate in their own treatment. Two convenient locations: West campus in Glendale and our East campus in Tempe. We offer in-patient and outpatient services for adults and adolescents in need of mental health and addiction treatment.

www.auroraarizona.com

877-870-7012

An Arizona where no one is bought, sold or exploited



arizona anti trafficking network

OUR MISSION IS TO ELIMINATE HUMAN TRAFFICKING IN ARIZONA
BY RAISING AWARENESS, REDUCING DEMAND, AND FOSTERING
PREVENTION EFFORTS WITH YOUTH.

Our programs cover a wide spectrum that
address community education, public
awareness, prevention, demand reduction, male
engagement on the issue and the tourism and
hospitality sector.

To learn more visit: www.aatn.org

To request a free training email: info@aatn.org



Axiom Care

Axiom Care is an in-network AHCCCS/Medicaid Substance Use Treatment Provider that aims to ensure every underserved Arizonan has access to compassionate and effective addiction treatment. Facilities located in both Maricopa and Pinal County, we offer comprehensive services, including 24/7 Observation, Detox, Residential Treatment, Justice Reentry Programs.

www.axiomcareofaz.com
602-975-3145



Bella Vita Wellness /Recovery

Women-only sanctuary where every detail is meticulously crafted to curate an experience that ensures unparalleled discretion, comfort, and care.

www.hellobellavita.com/



Programs

- 45 day residential SUD treatment
- IOP with supportive housing
- Outpatient and long-term support

Help is one call away!

Website
thecrossroadsinc.org

Contact Us
602-263-5242 (Admissions)



Crossroads

Crossroads has several Drug & Alcohol Addiction Treatment Centers in the Phoenix Area. We are a Arizona Department of Health Services licensed substance abuse treatment provider with proven expertise in serving men, women and Veterans with Substance Use Disorder through the provision of high quality, successful, and affordable residential and outpatient recovery programs.

<https://thecrossroadsinc.org>
602-263-5242

VEN CENTERS™

Get Treated *YOUR* Way!

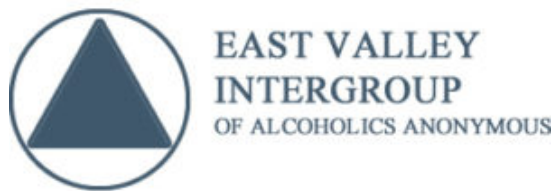
www.vencenters.com

CONTACT US!

  **888.428.2873**

 **info@vencenters.com**

 **www.vencenters.com**



East Valley Intergroup of Alcoholics Anonymous

East Valley Intergroup - MESA AZ

24 Hour Helpline **480-834-9033**

Spanish 602-957-7457

Helplines are staffed 24/7 by A.A. member volunteers who have solved their drinking problem. For meetings and other information visit

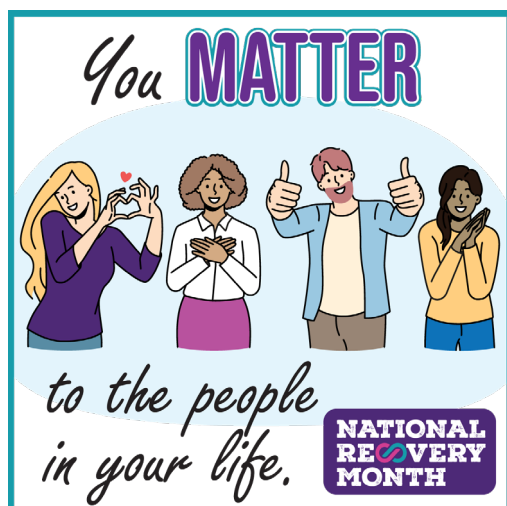
<https://aamesaaz.org/>



Grand Canyon University

Grand Canyon University is a private Christian university in Phoenix, Arizona, that the U.S. Department of Education categorizes as a for-profit institution, which categorization the university has appealed. The university offers degrees in over 200 areas of study and is administratively divided into nine colleges

<https://www.gcu.edu>



Hushabye Nursery

Hushabye Nursery's mission is to 'embrace substance exposed babies and their caregivers with compassionate, evidence-based care that positively changes the course of their entire lives.' The organization was founded by Tara Sundem, a neonatal nurse practitioner who witnessed firsthand the challenges of newborns exposed prenatally to opioids and those families trying to care for them. Hushabye Nursery offers a safe and inclusive space where mothers, family members and babies – from conception through childhood – can receive integrative care and therapeutic support that offers each child the best possible life outcomes. Programs include prenatal and postpartum support groups, inpatient nursery services and outpatient therapies.

www.hushabyenursery.org
480-628-7500



Leibowitz Solo

A consummate storyteller, David Leibowitz founded Leibowitz Solo in 2009. Since then, it has become one of Arizona and the Southwest's "go to" public relations, political and crisis communication firms and won multiple awards as the state's top PR agency.

<http://leibowitzsolo.com>



Mental Health America of Arizona

Mental Health America of Arizona (MHA-AZ) is dedicated to advancing mental health awareness, promoting well-being, and supporting individuals in achieving mental health recovery. We strive to empower communities through education, advocacy, and innovative programs that address the needs of those affected by mental health challenges. Our mission is to foster a compassionate and inclusive society where mental health is prioritized, stigma is reduced, and every individual has access to the resources and support needed for a fulfilling and healthy life.

<https://www.mhaarizona.org>



Mercy Care

Mercy Care is a not-for-profit health plan offering integrated care to children, adults and seniors eligible for AHCCCS benefits. Our broad network of providers offers services and supports for members with: Physical and general mental health and substance use concerns (Mercy Care Complete Care)

- Long Term Care/elderly, physically disabled (EPD/ALTCS)
- Developmental/cognitive disabilities/ long term care (DDD/ALTCS)
- Medicare and Medicaid (Mercy Care Advantage)
- Serious mental illness (RBHA)

www.mercycareaz.org



Molina Healthcare

Molina believes every person, family and community deserves access to high-quality health care regardless of their situation. Our mission is to deliver effective, reliable and affordable health care to those who need it most. We strive to meet the physical, social and emotional needs of each member and to strengthen the communities we serve. We do this by offering a holistic, community-based approach designed specifically to meet the individual needs of our members.

<https://www.molinahealthcare.com>



Narcotics Anonymous

Narcotics Anonymous is a global, community-based organization with a multi-lingual and multicultural membership. We offer recovery from the effects of addiction through working a twelve-step program, including regular attendance at group meetings. The NA message is "that an addict, any addict, can stop using drugs, lose the desire to use and find a new way to live."

Arizona-na.org 844-991-2962

988 | **SUICIDE & CRISIS
LIFELINE**





Oasis Behavioral Health

Oasis Behavioral Health Hospital is dedicated to providing the highest level of treatment for all patients that walk through our doors. Our vision is to offer support and compassionate care that empowers individuals by encouraging hope, healing and recovery. We are able to achieve our vision by remaining true to our 4 core values: Compassion, Support, Empowerment and Recovery. Oasis Behavioral Health is an Acute Psychiatric Hospital and Residential Treatment Center serving the inpatient needs of children, teens, and adults. Programs for adolescents, adults and outpatient.

<https://www.obhhospital.com>
480 917-9301



Parents of Addicted Loved Ones

Parents with an adult child addicted to drugs and/or alcohol can find hope and support with Parents of Addicted Loved Ones (PAL). PAL's free weekly meetings follow evidence-based practices and the curriculum used is designed specifically for parents by professionals in the treatment and recovery industry. PAL offers an educational component that offers tools for participants to use such as ways to help rather than enable. And a support component where participants interact, sharing what has worked – and has not worked – for them in their community.

<https://palgroup.org> Email info@palgroup.org



PURSE-IMPRESSIONS

Purse Impressions

Purse- Impressions is on a mission to provide graduates from substance abuse recovery programs with a purse or backpack to, not only celebrate their accomplishment, but allow them to move forward with a sense of dignity. Purse- Impressions honors the life of Courtney Elizabeth Michaels, founder Patricia Brusha's daughter. Suddenly and tragically at 28 years old, Courtney was diagnosed with Stage 4 cirrhosis of the liver from years of alcohol abuse. A few months later, on June 4, 2019, addiction took her life. Donations are always accepted.

<https://purse-impressions.com/charity-boutique/>
(602) 814-6679



reVIBE Mental Health

At reVIBE Mental Health, We Believe No One Should Feel Shut Out or Abandoned When Seeking Help. We understand how overwhelming and isolating it can feel to take that first step toward better mental health, only to face obstacles in finding care.

We know how hard it can be to navigate the mental health care system. From unanswered calls to confusing insurance requirements, the process can feel like a barrier instead of a solution.

At reVIBE, we're here to eliminate those obstacles so you can focus on what truly matters: your well-being.

480-674-9220

<https://revibementalhealth.com>



Scottsdale Recovery Center

Scottsdale Recovery Center® is a beacon of healing and hope for those who struggle with addiction; offering support and education to their families and a life-line of services to the community in which they live.

Making our clients comfortable is our top priority. Our state-of-the-art treatment and detox facility provides maximum levels of comfort while you go through our drug and alcohol treatment programs, then begin your new life in recovery. SRC® provides Inpatient, Residential, and Intensive Outpatient Programs (RTC, PHP, IOP, OP and MAT.) SRC®'s treatment locations are located throughout the Scottsdale and Phoenix.

<https://scottsdalerecovery.com>

info@scottsdalerecovery.com 602-346-9142



Spiritually Fit Co-op

We offer yoga, mindfulness meditation, sound healing, and fitness classes. Our highly skilled staff have recovery and mental health training as well as their own life experience in these areas. Our teachers teach from the heart; they share the varying styles of movement and meditation that have impacted their personal lives most with our community. Their experiences and personalities shine in each of their unique classes.

<https://spirituallyfitco-op.com>
(602) 809-0854

VIRAL HEPATITIS & STI PREVENTION WITH VEN CENTERS

VEN Centers specialize in diagnosing and treating people with Viral Hepatitis and preventing HIV.

VEN Centers deliver safe and effective viral treatment directly to patients through virtual telemedicine visits, mobile phlebotomy, in-person appointments, and home medication delivery. We'll work together to develop a treatment plan and deliver medications to you.

We are committed to creating a nonjudgmental, stigma-free environment where individuals have the freedom to choose the process that works best for their care.


VEN CENTERS SERVICES

- Free Hepatitis C Screening & Treatment
- Hepatitis B Screening & Treatment
- PrEP/PEP



CONTACT US!



 888.428.2873

 info@vencenters.com

 www.vencenters.com





Steps to Recovery Homes

Steps to Recovery Homes, located in Cottonwood, AZ is passionate about helping others recover from all addictions while addressing other co-occurring disorders that can act as barriers to living a productive life. Our Wellness programs focus on all aspects of life, not just substance use disorders. Our goal is to guide you through obtaining and maintaining long-term recovery and learning how to live successfully in our world.

Steps to Recovery Homes offers many different programs that address Life Skills. These programs touch on all areas significantly affected by drug addiction. For example, substance use disorders impact an individual's employment, finances, relationships, personal boundaries, parenting, spirituality, mental state, health, and overall quality of life.

<https://stepstorecoveryhomes.org>

866-410-2451 info@stepstorecoveryhomes.org



Teen Challenge of Arizona

Teen Challenge of Arizona is a worldwide organization, providing services to individuals struggling with addictions. It offers a variety of programs, which includes basic educational presentations, crisis interventions, interviews, inductions, training and re-entry. Located in Tucson, AZ, the organization provides neighborhood outreaches, drug and gang prevention education, church presentations and civic organization presentations as well. Teen Challenge of Arizona operates six residential program centers in the State of Arizona, three centers for men, one for women and women with small children and one for adolescent girls and one for adolescent boys.

www.tcaz.org
(800) 346-7859



VEN Centers

VEN Centers, Powered by Arizona Liver Health (ALH), is a medical practice leading the charge in combating the elimination of viral hepatitis in Arizona. Our unwavering dedication to providing exceptional care motivates us to go above and beyond for our patients, guaranteeing that they receive effective, top-notch effective treatment. With our extensive expertise in hepatology and a deep-rooted passion for our field, we adopt innovative strategies to bring Hepatitis C virus (HCV) treatment and cure directly to our patients, removing obstacles and establishing a new benchmark in health-care.

<https://vencenters.com>

888-428-2873



WOMEN FOR SOBRIETY
CAPABLE • COMPETENT • CARING • COMPASSIONATE

Women for Sobriety

Women for Sobriety (WFS) is a pioneering non-profit organization founded in 1975, dedicated to helping women overcome substance use disorders through a supportive, empowering, and secular approach. It was the first peer-support program specifically designed for women, recognizing that recovery journeys are shaped by gendered experiences of identity, self-worth, and societal roles.

Email: contact@womenforsobriety.org

(215) 536-8026

12 STEP GROUPS

Arizona Adult Children of Alcoholics Intergroup ACA
www.aca-arizona.org

AZ Regional Service Committee of Narcotics Anonymous
www.arizona-na.org (520) 979-2363

Co-Anon Family Groups www.co-anon.org (480) 442-3869

Cocaine Anonymous www.Caarizonaz.com

Crystal Meth Anonymous www.cmaaz.org (602) 601-9913

East Valley Intergroup of Alcoholics Anonymous
www.aamesaaz.org (480) 834-9033

Pills Anonymous www.pillsanonymous.org

Salt River Valley Al-Anon Information Service
www.srvais.org (602) 249-1257

HELPLINES

National Suicide Prevention Hotline
988: 24/7
Crisis Text Line: Text Hello to 74174

YouthLine: Text teen2teen to 839863

Childhelp National Child Abuse Hotline
1-800-422-4453

National Domestic Violence Hotline
1-800-799-7233

RAINN: 1-800-656-4673:
RAINN's (Rape, Abuse & Incest National Network)

The Trevor Project: 1-866-488-7386 or text
START to 678678:

Trans Lifeline 1-877-565-8860

LGBT National Hotline 1-888-843-4564
LGBT National Youth Talkline 1-800-246-7743
LGBT Senior Hotline 1-888-234-7243

SAMHSA National Helpline – 1-800-662-4357

**“One essential ingredient of recovery is
knowing you are not on this journey alone.”**





Don't Travel the Road Alone

The Importance of Support in Recovery

Lessen your risk for relapse by surrounding yourself with a healthy set of friends and family who support and help you through this new phase in life.

When you do, you'll find:

- **Facing challenges isn't as difficult.** When you're faced with a challenge, you might become overwhelmed and stressed. These feelings may trigger your unhealthy reaction of drinking or doing drugs. Having people to rely on helps you handle the situation.
- **Friends help lower anxiety.** You might have started using alcohol or drugs to reduce social anxiety, but it took over your life and caused more pain. Having someone with you in social settings helps reduce the stress of being alone or feeling awkward.
- **Family and friends keep you in check.** Sometimes you become too confident in recovery or fall back in old behavior patterns, which increase the risk of relapse. Loved ones provides valuable insight about your behavior and help you address the issues.
- **Having loved ones who support your recovery is a positive thing,** especially when you hit a rough patch. They can empower you to work through the issues that are keeping you down.
- **It feels good to have people who want to be around you and who care for your success.** Their presence and active role in your recovery can boost up confidence and self-esteem that alcohol and drugs chopped down.

